## DIRTY ROOTS - MUSKEGON, MICHIGAN

## **DIRTY ROOTS FAVORITES**

- □Moon Glow Face Serum \$25 Anti-aging, reduces fine lines, softens and soothes. Calendula, sea buckthorn, rose hips, sandalwood, frankincense, helichrysum, argan, and jojoba. 1 oz.
- □Rose Glow Face Serum \$20 An essential oil free formula for all skin types. Soothing rose infused jojoba oil with rosehip seed oil. 1 oz.
- □Magnesium Butter \$13 Magnesium balm for relaxing muscles, brain, and nervous system. 4 oz.
- □Hydrosols \$17 for 2 ounces Hydrosols are the molecular water from a distillation. They contain the essential oils of the plant along with other healing constituents. Can be used as room or body sprays. Available: Wild rose & lemon balm, Tulsi, or Sweetfern
- □Smudge Sticks \$5 Aromatic herbs were used traditionally worldwide, and burned to cleanse the air of bacteria and negative energy. Wildcrafted with intention and ceremony on Lake Michigan and feature rotating selection of local evergreens.
- □St Johns Wort Oil \$25 for 4 ounces -Deeply soothing to the nervous system and inflammation. Lovely for the winter blues.
- □ Forest Balm \$13 Evergreens and resin infused into a balm for grounding, and skin healing. 2 oz.
- □Propolis Balm \$25

Our honeybee propolis is infused into jojoba oil with beeswax. A lovely medicinal salve that soothes the soul. 2oz.

- □Garden Balm \$13 Heal All! Viola, plantain, varrow, and chickweed.
- □Lip Balms \$5 Available: Propolis, Garden □Elderberry Syrup - \$17 for 4 ounces
  - Wild elderberries, warming spices, herb extracts, and our raw honey.
- □Fire Cider! \$10 for 2 ounces, \$20 for 4 ounces A potent blend of apple cider vinegar, and our honey, infused with onion, garlic, turmeric, ginger, and more. Great for immune support, or add to salad dressing, or marinade.
- □Black & Blue Fire Cider -\$15 for 2oz, and \$20 for 4 Limited! Black Turmeric has a menthol, bitter, and medicinal flavor, that is balanced with the antioxidant punch of blueberries. This batch is extra spicy. Great for those seasonal bugs coming.
- □Elderberry Shrub \$10 4 ounces Antiviral elderberries in a shrub (vinegar and honey) you can add to whatever you like.
- □Wild Green Salt \$10 A blend of garden herbs, wild herbs, and garlic with Real Salt. This is a favorite! 4 oz.
- □Garlic Scape Salt \$9 Real Salt with homegrown garlic scapes. Yum! 3 oz.

## $\overline{\text{TEAS}}$ - \$11 for approx 20-25 servings, \$5 for approx 10 servings.

Organic grown, locally sourced when possible and sustainably wildcrafted

- □AphrodiTEA Heartwarming blend to share. Hawthorn, □Tender Heart Soothing, hydrating, and aromatic. holy basil, rose, hibiscus, and ginger.
- □Remedy A traditional blend for cold and flu symptoms. Elderflower, yarrow, and mint.
- □Nourish-Mint Minerals and mint! Nettles, oatstraw, and mint.
- Violet, linden, red clover, sweet fern, and catnip.
- TINCTURES \$10 per ounce, up to 8 ounce size available.
- □ Forest Guardian A blend of 5 medicinal mushrooms harvested by me in Michigan forests.
- □ Skullcap & Blue Vervain- A nerve tonic for anxiety, headaches, and relaxing before bed.
- □Kava Kava A muscle skeletal relaxant, facilitates ease of communication. Chill out.
- □ Propolis A product of the hive, antimicrobial, antiviral, excellent for immediate immune response, tooth problems, and overall health.

BITTERS - \$10 - Herbal extract used as digestive tonic for bloating, heartburn, indigestion and occasional gas. Blends Available:

- □Balsam Hawthorn
- □Nine Evergreen

□Raspberry Baikal **□**Solar

RAW LOCAL HONEY - Our honey is small batch, completely raw and unheated and minimally filtered. The bees are naturally treated. Price by volume:

**□4 OUNCE - \$7** 

**□1 PINT - \$20** 

**□**8 OUNCE - \$13

**□1** QUART - \$35

□HALF GALLON - \$60 □HONEYCOMB CHUNK - VARIES