

DIRTY ROOTS FAVORITES

- ☐ **Moon Glow - Face Serum - \$25** - Anti-aging, reduces fine lines, softens and soothes. Calendula, sea buckthorn, rose hips, sandalwood, frankincense, helichrysum, argan, and jojoba.
- ☐ **Rose Glow - Face Serum - \$20** - An essential oil free formula for all skin types. Soothing rose infused jojoba oil with rosehip seed oil.
- ☐ **Heal All - \$10** - For cuts, scrapes, bumps, bruises, and rashes. A seasonal blend of skin healing, and soothing herbs.
- ☐ **Magnesium Butter - \$12** - Magnesium is essential for relaxing muscles, brain, and nervous system. Coconut oil, shea butter, cacao butter, and magnesium chloride.
- ☐ **Hydrosols - \$15 for 2 ounces** - Hydrosols are the molecular water from a distillation. They contain the essential oils of the plant along with other healing constituents. Can be used as room or body sprays. Some are ok for internal use, and wounds. Available: Rose
- ☐ **Smudge Sticks - \$5** - Aromatic herbs were used traditionally worldwide, and burned to cleanse the air of bacteria and negative energy. Wildcrafted with intention and ceremony on Lake Michigan and feature rotating selection of local evergreens.
- ☐ **Lavender Oil - \$25 for 4 ounces** Whole plant infused oil for relaxing nervous system.
- ☐ **Sun Kissed - \$10** - Natural sunblock balm with non-nano zinc oxide. Approx. 20 SPF
- ☐ **Forest Balm - \$10** - Evergreen balm for multipurpose. Smells delicious! Great for skin protecting, muscle soothing, chest rub, and more.
- ☐ **Propolis Lip Balm - \$5**
- ☐ **Cottonwood Balm - \$5**
- ☐ **Garden Balm - \$5**
- ☐ **Elderberry Syrup - \$15 for 4 ounces** Wild elderberries, warming spices, herb extracts, and our raw honey.
- ☐ **Shrub \$13 for 4 ounces - Blueberry or Mulberry** Organic fruit infused into apple cider vinegar, and our raw honey. Excellent addition to sparkling water, or cocktails. Useful as a salad dressing or marinade as well.
- ☐ **Fire Cider! - \$10 for 2 ounces, \$20 for 4 ounces** - A potent blend of apple cider vinegar, and our honey, infused with onion, garlic, turmeric, ginger, and more. Great for immune support, or add to salad dressing, or marinade.

TEAS - \$10 for approx 20-25 servings, \$5 for approx 10 servings.

Organic grown, locally sourced when possible and sustainably wildcrafted

- ☐ **Heart Opener** - Heart support with a hug! Hawthorn, holy basil, rose, hibiscus, and ginger.
- ☐ **Hibiscus Mint** - Cooling sun tea, can be enjoyed hot. Hibiscus, lemon balm, apple mint, mountain mint, marshmallow, lemongrass, and citrus peels.
- ☐ **Tranquility** - A relaxing and stress relieving blend. Lemon balm, linden, damiana, skullcap, lavender, and sweet fern.
- ☐ **Nourish-Mint** - Minerals and mint! Nettles, oatstraw, and mint.

TINCTURES - \$10 per ounce, up to 8 ounce size available.

- ☐ **Forest Guardian** - A blend of 5 medicinal mushrooms harvested by me in Michigan forests. Double extracted to give you more medicinal benefits.
- ☐ **Skullcap** - A nerve tonic for anxiety and relaxing before bed.
- ☐ **Kava Kava** - A muscle skeletal relaxant, facilitates ease of communication. Chill out.
- ☐ **Propolis** - A product of the hive, antimicrobial, antiviral, excellent for immediate immune response, tooth problems, and overall health

BITTERS - \$10 - Herbal extract used as digestive tonic for bloating, heartburn, indigestion and occasional gas.

Blends Available:

- ☐ **Balsam Hawthorn**
- ☐ **Nine Evergreen**
- ☐ **Raspberry Baikal**

RAW LOCAL HONEY - Our honey is small batch, completely raw and unheated and minimally filtered. The bees are naturally treated. Price by volume:

- ☐ **4 OUNCE - \$5**
- ☐ **8 OUNCE - \$10**
- ☐ **1 PINT - \$15**
- ☐ **1 QUART - \$25**
- ☐ **HALF GALLON - \$55**

ELECTUARY - \$10 per 4 ounce jar of herb honey paste. Available: Cacao Wow!